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This is the Year of the Sunflower. Here are some places you can see them in Vermont.

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This is the Year of the Sunflower — really, the [National Garden Bureau](#) says so — so why not celebrate by visiting those bright, peaceful forces of nature right where they live?

It's summer in Vermont, a beautiful time to hit the road and see what the landscape has to offer. In this case, it has sunflowers to offer at these three select spots:

Billings Farm & Museum, Woodstock

This tourist destination doesn't just have a few sunflowers. The [Billings Farm & Museum](#) has a 20,000-square-foot sunflower house on its grounds that, according to the museum, peaks in mid-August with blooms through early September.

The Billings Farm & Museum has planned a few events to mark the occasion:

- 9 a.m. Sunday, Aug. 22, a guided meditation walk leads guests through the sunflower field. After meditation and yoga stretching, light refreshments including tea infused with herbs grown on the farm will be available.
- Saturday, Aug. 28-Sunday, Aug. 29, the farm hosts a Pollination Celebration where visitors can learn backyard garden tips to support pollinators. Locally-made honey ice cream will be on sale. From 11 a.m.-4:30 p.m. Sunday, the Trail Break Taps and Tacos food truck will be on site serving food, beer and nonalcoholic drinks.

- 10:30, 11 and 11:30 a.m. Mondays through Aug. 30, Billings Farm & Museum hosts Mindful Mondays, 20-minute mindfulness programs led by a meditation expert.

It's blueberry season! Here are five farms where you can pick your own

- **Billings Farm & Museum**, 53 Elm St., Woodstock. www.billingsfarm.org

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